



5455 Almira Dr. NE
Bremerton, WA 98311

ANNUAL REPORT 2016



Greetings!

Thank you for your show of support on behalf of behavioral health services! KMHS' full complement of integrated behavioral and physical health care services are achieved through collaboration with our local community partners and an outstanding multidisciplinary staff of caring, compassionate professionals. Working together, we are able to bring whole person care to those most in need. Even during a time of high demand for services and lesser funding, our KMHS Board of Directors and our staff remain focused on ensuring the provision of the highest quality of care for persons with serious mental illnesses, serious emotional disturbances, and substance use disorders. Together we are committed to making our small corner of the world a much better place for all.

Warm regards,

Joe Roszak

Chief Executive Officer

The Year at a Glance

- ❁ Credit the Affordable Care Act Medicaid Expansion for increasing access to behavioral healthcare for many children and adults previously not eligible for the community mental health services provided persons with serious mental illnesses and serious emotional disturbances. You can see the impact of Medicaid Expansion by looking at the increase in the number of persons receiving our services since 2014 (next page).
- ❁ 1,446 children and 4,439 adults were provided outpatient treatment by KMHS Care Teams, with clinicians serving 1,400 more people than during 2014! For at least 1,000 of these people, Medicaid Expansion closed the access to care gap in the community.
- ❁ Walk-in, Same Day Access to services continues to be a tremendous success. Even with the increase in the number of people seeking KMHS services, appointments for non-urgent clinical team services are usually made within seven days.
- ❁ A PCHS Dental Clinic Opened on KMHS Campus! A first in Kitsap County, a first in the nation! To our knowledge, a "one-stop" behavioral health facility and a fully operational, dental clinic have never been sited together. Just two weeks after opening last November, appointments in the four-chair dental clinic were filled with KMHS and PCHS patients representing the closing of another significant service gap!
- ❁ The Housing and Recovery through Peer Services or "HARPS" program was established. In partnership with Kitsap Community Resources who manages the program's short term rental assistance, a KMHS team led by a Behavioral Health Professional is co-located at KCR. The Team's two Peer Specialists assist adults exiting psychiatric or chemical dependency treatment with housing and community support needs.
- ❁ Also new, the Western State Peer Bridgers Program, with two Peer Specialists available to assist clients with pre and post discharge supports for successful community reintegration, including securing housing.

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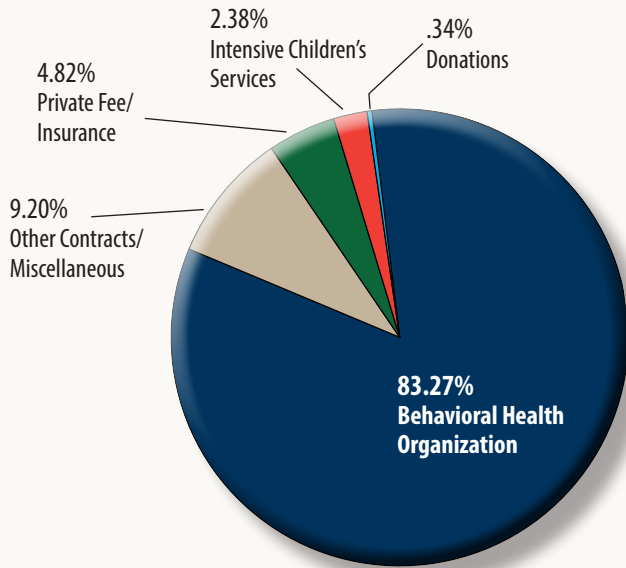
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❁ Mission Statement

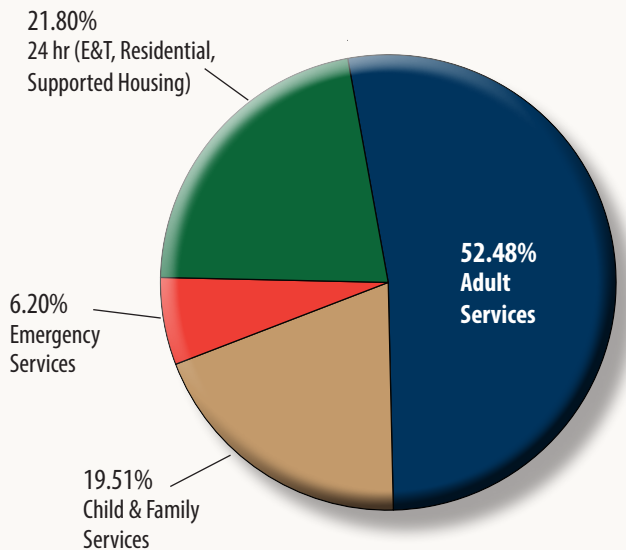
To shape the future of mental health through state of the science service delivery, community partnerships and advocacy.

I'm so thankful for the guidance and support everyone has given me. Depression stole an important part of who I was as a daughter, sister and friend. You helped me find her again. There aren't enough Thank You's to give – you have truly been life-saving.

> 2016 Revenue \$27,399,893



> 2016 Expenses \$31,662,028



❁ 2016 Direct Services Provided

	2016	2015	2014
Total Persons Served	6,873*	6,353*	5,561*
Children (0-17)	1,718	1,635	1,490
Young Adults (18-20)	231	215	168
Adults (21-59)	4,330	3,958	3,402
Older Adults (60+)	697	651	593

**Actual total served. Count by category is higher due to transitions in services provided as individuals age into next level of care.*

❁ Client Services by Type of Service

(includes some duplication of individuals)

	2016	2015	2014
Emergency Services	6,148	6,878	7,439
Including 1,280 Involuntary Treatment Evaluations	(1,280)	(1,297)	(1,250)
Inpatient & Residential - Bed Days			
Adult Inpatient Treatment	5,002	5,042	5,188
Youth Inpatient Treatment	2,310	2,137	1,508
Residential Services Unit	5,141	4,826	5,123
Staff Supported Housing Units	4,960	5,082	4,629
Outpatient Programs-All ages	5,985	5,526	4,581
Outpatient Medical/Nursing	2,041	1,970	1,863
Co-occurring Substance Use Disorder Treatment Services			
Adults	407	357	397
Youth	283	226	178
Day Treatment-Adults	142	161	158
Day Treatment Schools-Youth	43	42	40

For Same Day, Walk-In Appointment for 1st Visit

Walk In or Call

ACCESS CENTER

5455 Almira Drive NE, Bremerton, WA 98311

360-405-4010

For South Kitsap First Visit Appointments,

Call the ACCESS CENTER

Crisis Clinic of the Peninsulas

360-479-3033 or 1-800-843-4793

Crisis intervention, information, referral



Kitsap Mental Health Services (KMHS) is a non-profit community mental health center providing inpatient and outpatient programs and services to children, families, adults and seniors. As a recipient of Federal financial assistance, KMHS does not discriminate against any person on the basis of gender, race, color, creed, religion, national origin, sexual orientation, disability or age in admission to, participation in, or receipt of the services under any of its programs and activities, whether carried out by KMHS directly or through a contractor or any other entity with which KMHS arranges to carry out its programs and activities. For more information, call 360-373-5031 (8 am – 5 pm) or visit kitsapmentalhealth.org.

